

## *Letters from Prison*

March 24, 2011

Hello Marie,

I have been avoiding indulging in negative thoughts. My negative impulses arise as spontaneously as rain, and can gather momentum just like water following the course of gravity.

Rather I have been developing compassion for others. I recognize that failure to act, when it is clear that action is required, may itself be a negative action. It is hard to push a donkey uphill, whereas engaging in destructive activities is as easy as rolling boulders downhill.

Turning bad into good — there is no magical formula that can enable us to achieve transformation instantly, Marie. It comes little by little just as a building is constructed brick by brick, just as an ocean is formed drop by drop.

I've enjoyed the development of concern for others' well-being and it has made it easier to act in the interest of others (happy face). I have been praying to God to become habitual in this, or these, acts of kindness. Eventually this will become second nature for all man and woman kind.

I am also trying to be realistic about what I expect to achieve. Habits are not changed overnight.

King

## **Marie's Answer**

March 28, 2011

*My beloved King,*

*Yes, we can turn darkness into light by putting ourselves in another's shoes. That is not an easy task as their actions usually push our "wanna kill" button.*

*We are the same here, only we have those who understand and we can talk it out. Usually we all hate one another's old flesh and disgusting thought patterns and reasoning and justifying our sins, etc.*

*In other words we are a mess and what seems impossible with man is possible with God. And where the hell He is, damned if I know. But He is in charge. That I know for sure. That cute little hummingbird at our feeder - who could create the likes of him? Or that big pine out in our yard over our pool that keeps its roots from ruining our pool. Is that God??? It surely is not one of us.*

*I love you, my dear King.*

*Marie* 