



## **STRENGTH**

*I must reach deep inside  
And gather my strength.  
For the past ten years  
I've done nothing but sink...*

*My battle's not lost,  
It's hanging by threads.  
I must rid of my past  
And start moving ahead...*

*This demon inside me,  
It holds on so tight.  
I can't seem to shake it  
I lose every fight...*

*It's all one big struggle  
So what can I do?  
To get it together  
And start pulling through...*

*One day at a time  
That must be my plan.  
I'll give it my best  
And do all that I can...*

*If that's not enough  
I'll reach down for more,  
Until I've defeated that demon  
And even the score...*

*Toby Beck  
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